

Pearls of DailyGelek 4: KARMA IS MORE POWERFUL THAN BUDDHA

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As a response to the covid times and the imposed seclusion, for a couple of years Khenpo Gelek Jinpa gave support to Shenten´s community with his regular online teaching from Gyalwa Chaktri, the famous practice manual of Bon Dzogchen. At the beginning, those one hour long meetings took place every day, and combined thirty minutes of teaching with meditation. They were attended by up to three hundred people and many of them expressed their gratitude to the lama. During those encounters, Khenpo la repeatedly shared his key instructions. We decided to collect some and present them as a series of daily reminders. We continue with “KARMA IS MORE POWERFUL THAN BUDDHA”.

Karma is more powerful than Buddha. We should not take it as an abstract concept. After all, we can see it in our everyday experience. When we feel love, everything externally appears as beautiful and we are filled with joy. With those emotions, we plant a seed of positive karma. On the contrary, when we are pervaded by a negative emotion as anger or jealousy, external appearances darken and become negative.

Every thought, emotion and action leave a karmic imprint, as a foot leaves an imprint in snow. Every moment we have a choice to live a situation in a positive or a negative way. Our mind is a wonderful

creator of everything, be aware of it. That's why human life is so precious. It gives us a rare opportunity to discover peaceful, loving, compassionate qualities of the mind, its true nature, and let them prevail in our life.